

We're delighted you're thinking about studying at Brunel University London.

Our lecturers have put together the following information to help you prepare for your course. This will give you a snapshot of the materials and reading list you'll be using. You'll get a full breakdown of information before you enrol.

On our website you can also [find out more about your modules](#) and [chat to a current student](#).

If you have any more questions, [please get in touch](#).

We look forward to welcoming you to Brunel.

Topics covered

Brunel offers three new undergraduate degrees in Adult, Child Health and Mental Health Nursing (subject to approval by the Nursing and Midwifery Council) that empower you with the specialist skills, knowledge and confidence to start your nursing career.

All degrees

- Developing Skills for Practice
- Research Methods
- Health and Wellbeing across the life continuum
- Human Sciences
- Pharmacology and Prescribing Ready
- Reviewing the literature to Inform Practice.
- Nursing Practice

Adult

- Enhancing Skills for Adult Nursing
- Nursing in Society
- Skills for Registration
- Transition to registered Nurse

Child Health

- Enhancing Skills for Child Nursing
- Nursing in Society (Child)
- Skills for registration (Child)
- Transition to registered Nurse

Mental Health

- Enhancing Skills for Mental Health Nursing
- Nursing in Society (Mental Health)
- Skills for registration (Mental Health)
- Transition to registered Nurse

Practice questions

1. Describe the structure and organisation of the National Health Service (NHS)?
2. What do we mean by inter professional working?
3. What is the Nursing and midwifery council?
4. What is the NMC Code? Familiarise yourself with it.
5. What is the difference between the three fields of nursing offered at Brunel (Adult Child and Mental Health)
6. What do you understand about role of the nurse in leading and managing nursing care.
7. What do you understand by the term 'safeguarding'?
8. What is academic reflection? and why is it important in nursing?

9. Describe different communication skills.
10. What are therapeutic communication skills?
11. How does the human body function?
12. How and why do we get sick?
13. What illnesses or diseases are classed and long-term conditions in all fields of nursing?
14. Identify the core principles of health promotion, protection, improvement, and the prevention of ill health.
15. What is evidence-based practice? And why is it important to nursing.

Reading list

- Alcock, K., Everett, F., Newcombe, P. & Wright, W. (2018) Essentials of Nursing Adults. London: Sage Publications.
- Appleton, J. V. & Peckover, S. (2015) Child Protection, Public Health and Nursing. London: Dunedin Academic Press.
- Boore, J., Cook, N. & Shepherd, A. (2016) Essentials of Anatomy and Physiology for Nursing Practice. London: Sage Publications Ltd.
- Callaghan, P., Playle, J. & Cooper, L. (2009) Mental Health Nursing Skills. Oxford: Oxford University Press.
- Chambers, M. (2017) Psychiatric and Mental Health Nursing: the craft of caring, 3rd Edition, Oxon: Routledge
- Clarke, D. & Ketchell, A. (eds). (2016). Nursing the Acutely Ill Adult. 2nd edition New York: Palgrave MacMillan.
- Day, J. (2013) Interprofessional Working: An Essential guide for health and social care professional. Andover: Cengage learning.
- Dubell, D. (2015) Public Health for Children 2nd Ed. Abingdon: Routledge.
- Emond, A. (2019) Health for All Children. Oxford: Oxford University.
- Lissauer, T. & Clayden, G. (2021) Illustrated Textbook of Paediatrics (4th Edition). Edinburgh, Mosby.
- Lister, S., Hofland, J. & Grafton, H. (2020) The Royal Marsden Manual of Clinical Nursing Procedures 10th ed. London: Wiley-Blackwell.
- Macqueen, S., Bruce E.A. & Gibson, F. (2021) The Great Ormond Street Hospital Manual of Children's Nursing Practices. Wiley-Blackwell; UK.
- Mutsatsa, S. (2017) Medicines Management in Mental Health Nursing. 2nd Edition. London: Sage/Learning Matters.
- Nicol, J. & Hollowood, L. (2019) Nursing Adults with Long term Conditions. London : Sage Publications.
- Norman, I. & Ryrie, I. (2018) The Art and Science of Mental Health Nursing, Principles and Practice. 4th Edition, London: Open University Press.
- Rudolf, M., Luder, A. & Jeavons, K. (2020) Essential Paediatrics and Child Health 4th Ed. Oxford: Wiley-Blackwell.
- Tait, D. & James, J. (2015) Acute and Critical Care in Adult Nursing (Transforming Nursing Practice Series). London: Sage Publications.
- Trenoweth, S. & Moone, N. (2017) Psychosocial Assessment in Mental Health. London: Sage.
- Videbeck, S. (2019) Psychiatric Mental Health Nursing. 8th Edition. Philadelphia: Wolters Kluwer Health.
- Walker, S., Carpenter, D. & Middlewick, Y. (2013) Assessment and Decision Making in Mental Health Nursing. London: Sage/Learning Matters.

Websites

- Department of Health www.dh.gov.uk
- Department of Health. Acute and Critical Care in Adult Nursing (Transforming Nursing Practice Series). Delivering Care Closer to Home. www.dh.gov.uk
- Mental Health Foundation www.mentalhealth.org.uk
- NHS National Institute for Health Research www.nihr.ac.uk/Pages/default.aspx
- Public Health England: www.gov.uk/government/organisations/public-health-england
- Nursing and Midwifery council The Nursing and Midwifery Council nmc.org.uk
- NSPCC www.nspcc.org.uk
- National Institute for Health and Care Excellence www.nice.org.uk
- Royal College of Nursing www.rcn.org.uk