



Cereals containing gluten



Crustaceans





Eggs



Fish



Peanuts



Soyabeans



Milk



Nuts



Celery



Mustard





Sesame seeds Sulphur dioxide and sulphites



Lupin



Molluscs

ALLERGEN INFORMATION

Putting our customers' needs first is the key priority within our business. We recognise that there is an increase in the numbers of our customers who would like more information about our products, so they can make better informed choices in managing their dietary needs, in particular where they have a food allergy or intolerance.

Compass Group UK and Ireland provides allergen information for all food and beverages served in its restaurants, cafes and venues.

Allergen information for non-prepacked food and drink is compiled by registered nutritionists and is available in this folder. The 14 major allergens covered by the Food Information Regulations are:

- 1. Celery
- 2. Cereals containing gluten namely wheat, rye, barley, oats
- 3. Crustaceans
- 4. Eggs
- 5. Fish
- 6. Lupin
- 7. Milk
- 8. Molluscs
- 9. Mustard
- Nuts, namely almond, hazelnut, walnut, cashew, pecan nut, brazil nut, pistachio nut and macadamia nut
- 11. Peanuts
- 12. Sesame seeds
- 13. Soybeans
- 14. Sulphur dioxide and sulphites

Allergen information will be presented to customers in the form of a table clearly stating which of the 14 major allergens are contained within a food or drink. This information is live and continually updated to reflect the current status of ingredients, recipes and cooking methods.

Allergen information is based on the information provided to Compass Group UK and Ireland from our approved suppliers. Suppliers might declare their products as 'may contain' the allergen and this would be stated as contains in our recipes. This will not be listed in our ingredient list but will show in the table as 'contains'.

Please note where customers have the opportunity to serve themselves, serving utensils may be transferred from one dish to another. It is also possible that food allergens e.g. nuts on deserts and sesame seeds on bread rolls may fall off and contaminate other foods.

As with every catering establishment there is always a potential for cross-contamination to occur. While we endeavour to prevent this as far as possible, the nature of an allergen means we cannot fully guarantee that cross-contamination may not have occurred.

If you have any concerns please speak to a member of staff or contact us at nutrition@compass-group.co.uk

= yes it contains

= no, it does not contain

Recipe	Allergens													
	Celery	Cereals with gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts from trees	Peanuts	Sesame seeds	Soybeans	Sulphur DO2/ sulphites
Beef chilli con carne	V	✓ Wheat	×	X	X	X	X	×	×	X	X	×	×	X