Work experience for Psychology students

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Psychology
Why is it so important?

• Provides evidence of the skills you’ll need in a given job
• Knowledge of the issues faced by clients and a sector/profession
• Shows commitment to a career/sector
• Adds to your life experience and perspectives
• Chance to check out your skills and interests
• Competing for graduate jobs is very difficult if you don’t have any
• Helps you stand out in your applications
Psychology professions
Counsellors
Psychotherapists
Social Workers
Work experience

• Hands on experience of working with patients, service users or clients in a clinical, community or forensic environment
• Practical experience with challenging, vulnerable people in relevant settings:
  - Depression, mental health and suicide
  - Homeless
  - Addiction
  - Abused women and children
  - Personal and relationship problems
  - Care leavers
  - Elderly
  - Terminal illness
  - Refugees and asylum seekers
  - Learning difficulties
  - Prisoners
Some examples

- Some NHS Mental Health Trusts, Adult or Child and Adolescent Mental Health Services (CAMHS) have volunteering schemes:
  - [www.wlmht.nhs.uk/careers/volunteer.html](http://www.wlmht.nhs.uk/careers/volunteer.html)
  - [www.nhs.uk/ServiceDirectories/Pages/MentalHealthTrustListing.as](http://www.nhs.uk/ServiceDirectories/Pages/MentalHealthTrustListing.as)

- Key charities include Mind, Samaritans, Sane, Childline, Nightline, Stroke Association, Headway, Victim Support
  - [Samaritans](https://www.samaritans.org)


Volunteer Centres:
- [www.volunteering.org.uk/IWantToVolunteer](http://www.volunteering.org.uk/IWantToVolunteer)
www.brunelvolunteers.com

- PACT – supporting ex-offenders and their families
- Charville Lane Children’s Centre – unaccompanied asylum seeking minors
- St Lawrence – befrienders of older citizens
- English and Maths Tutors
- Royal Hospital for Neuro-disability – volunteers for games activities
- Kith and Kids – children with disabilities
Issues to consider

- Time – it can take 6 months to go through the process
- CRB checks required when working with vulnerable people
- Don’t over commit – charities and vulnerable groups need you to follow through on your promises
- No set timelines but 6 months would be a minimum expectation
- Test yourself - reflect whether it’s for you
- Get the most out of the experience – get involved
- Network with the health and social care professionals you meet
- Don’t get exploited:
  www.brunel.ac.uk/services/pcc/vacancies/unpaid-work-experience
Is it always unpaid?
Not necessarily!

- Charity street fundraisers £8.50-£13 per hour
- Medic Interpreters - £11 for health interpreting
- [www.studentgems.com](http://www.studentgems.com) – wide range of temporary and casual jobs in marketing, advertising, copywriting and more
- Home tutors for children with special needs - £12 per hour
- Register for part-time care jobs in tuition, child care, pet care, senior care and help around the house and garden - [www.tendea.co.uk](http://www.tendea.co.uk)
- [www.netvibes.com/brunelpcc-vacancies#Part-time_jobs_board](http://www.netvibes.com/brunelpcc-vacancies#Part-time_jobs_board)
- As advertised on [www.brunel.ac.uk/pcc](http://www.brunel.ac.uk/pcc) - Current vacancies
Opportunities in business
Jobs on www.brunelvolunteers.com and www.brunel.ac.uk/pcc

- Marketing Coordinator – Community Cancer Centre
- Marketing/Design Assistant – Trinity Homeless Project
- Events Organiser – Asian Women’s group
- Facebook Marketing Officer – project for unaccompanied minors
- Health Writers – Terence Higgins Trust
- Audio Book Reader – mental health publishing charity
- Case Publicity Volunteer – Missing People
- Big charities offer internships in HR, Business Development, Communications

www.charitiesdirect.com/charities/top500.php
Welcome to Brunel University Placement and Careers Centre's resource bank for part-time jobs.

As well as having a buoyant list of vacancies on our Job Shop online board, we have collated these resources to help you find part-time work.

Working while you study not only helps to ease financial pressures, but also helps you develop skills and experience that you can call upon when it comes to making graduate applications.

- RGN Needed Full Time  yesterday
- Work from Home - Part time or full time  yesterday
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- Work from Home - Part time or full time  yesterday
- Work from Home - Part time or full time  yesterday
- Work from Home - Part time or full time  yesterday
- Work from Home - Part time or full time  yesterday
- Earn £25 - £50 a week part-time; Paid online market research  yesterday
- Earn £25 - £50 a week part-time; Paid online market research  yesterday
- RGN Only Full Time 2 days ago
- Snr HR General Operations Administrator - Nordic Speaker 2 days ago

17 and looking for a part time job : WestLondon 1 week ago
SUBWAY UXBRIDGE FULL AND PART TIME ROLES : Uxbridge 1 week ago
SUBWAY UXBRIDGE FULL AND PART TIME ROLES : Uxbridge 1 week ago
Removal porter /driver / cleaner / part time : Uxbridge 1 week ago
Dental Nurse required on part time basis (Greater London) 3 weeks ago
Mature Student Requires Part Time Work : Hayes 1 month ago
Summer placements

• 8-10 week paid placements for students in the summer of 2\textsuperscript{nd} year
• Range of options from banking, finance, marketing, IT, project management
• Competitive with early deadlines
• May lead to a full-time job offer

Vacancies advertised:
  o PCC – [www.brunel.ac.uk/pcc](http://www.brunel.ac.uk/pcc)
  o Target Jobs – [www.targetjobs.co.uk/work-experience](http://www.targetjobs.co.uk/work-experience)
  o Milkround – [www.milkround.com](http://www.milkround.com)
  o Prospects – [www.prospects.ac.uk/links/jobvacs](http://www.prospects.ac.uk/links/jobvacs)

Schemes include:
  o Champions Life Academy - [www.championslifeacademy.com/](http://www.championslifeacademy.com/)
Working overseas

- USA - J1 Exchange Visitor Programme 4 months over the summer or 18 months within first 12 months of graduation
- Summer camps – BUNAC, Camp Counsellors, AEISIC (some costs)
- International Camp Counsellor (YMCA) - recruit Special Needs Counsellors [www.internationalymca.org](http://www.internationalymca.org)
- Wincant Clayton – facilitates community projects (mainly in New York) working with inner city youth, elderly, homeless and mental health [www.winantclayton.org.uk](http://www.winantclayton.org.uk)
- Camp America - recruit Counsellors for camps specialising in special needs and under privileged children and young people [www.campamerica.co.uk](http://www.campamerica.co.uk)
- Ist-Plus international programmes (USA, Canada, Australia) [http://www.istplus.com/](http://www.istplus.com/)
- Stand Out Internships (Sydney) – [www.standoutinternships.com](http://www.standoutinternships.com)
Helping Students and Schools Succeed

City Year is an education focused, nonprofit organization that unites young people of all backgrounds for a year of full-time service to keep students in school and on track to graduation.

LEARN MORE
We offer a range of structured international placements.

Whether you’re looking for a research assignment, a community based placement, or have a particular skill area you would like to transfer to the development sector, our international placements offer structured and meaningful opportunities in our country programmes in Africa and Asia.

If you are not based in the UK, Europe or North America, please look at where we are and contact your nearest country programme office for ways to get involved.
Questions?

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Copies of the slides from this workshop will be available by the end of the week at:

www.brunel.ac.uk/pcc/skills