



Brunel
University
London

Sport at Brunel

www.brunel.ac.uk/sport



UNION
OF BRUNEL
STUDENTS

FREE Sports Club Memberships

Interested in joining a sports club?
Join a **Team Brunel** club for free!



Team Brunel is the umbrella brand which represents the 50+ student sports clubs at Brunel, ranging from team sports such as hockey and lacrosse, through to individual sports including judo and athletics.

Membership to all sport clubs is free meaning all of our sports clubs have become

more accessible than ever and are open to all students, regardless of ability or experience. We pride ourselves on high achievement and participation levels, regularly achieving high BUCS points but also growing participation in non-competitive sports too.

For more information on **Team Brunel**, visit the UBS website. If you have any questions about specific clubs, please contact student.activities@brunel.ac.uk.



Active@Brunel

In 2017, a brand new social sports programme called **Active@Brunel** started, with the aim of getting more people on campus engaged in sport and physical activity.

This vibrant and exciting social sport programme has been designed to provide opportunities for recreational sport for every member of the university community, with fitness classes, drop in sessions and social leagues. <https://brunelstudents.com/active/activities/>

Union Sport membership

The purchase of a Union Sport membership is a requirement before joining any sports clubs at the University. The Union Sport membership entitles you to a range of benefits including:

- ▶ Access to all Team Brunel sports clubs for **FREE**
- ▶ Access to all Active@Brunel activities and classes for **FREE**
- ▶ Basic sports injury cover under the Union's BUSA Gold policy
- ▶ Membership of the Sports Federation, giving access to events, tours and competitions
- ▶ Influence in campus sports policy making through the elected Sports Federation Committee

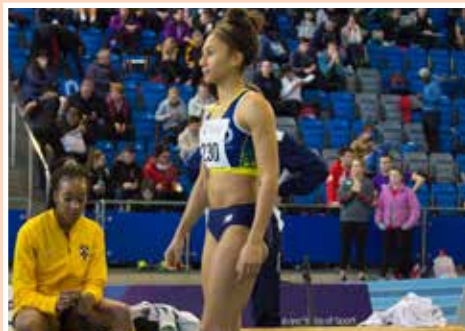


Performance Sport

Brunel University London has a long and distinguished history of international honours won by students and staff over the years, which include:

- ▶ Alan Pascoe MBE (1971 graduate) European and Commonwealth Gold medalist and Olympic finalist, 400 metres hurdles
- ▶ Kathy Smallwood-Cook (1981) 13 medals at the Olympics, World, European and Commonwealth Games in athletics;
- ▶ Richard Hill (1995) British Lions and 2003 Rugby World Cup winner
- ▶ Iwan Thomas (1995) double Silver medalist in 1996 Olympics and 1997 World Championships, 400m;
- ▶ James Cracknell (MSc Sport Science 1999), Olympic gold medalist, Rowing
- ▶ Kate Walsh (2003) 2016 Olympic Gold medalist
- ▶ Perri Shakes Drayton (2011) European U23 Championships 2012 Gold medalist 400m Hurdles
- ▶ Tom Aggar (MSc Sport Sciences 2011) Paralympic Rowing, Olympic 2008 and World Rowing Gold medalist 2007/9/10/11 Men's Single Sculls
- ▶ James Fox (BSc Sport Sciences 2011) Olympic Gold
- ▶ Ashley Bryant (Sport Sciences 2013) Decathlon, Silver medalist 2014 Commonwealth Games

We continue to provide significant support through our Sports Performance and Sports Scholarship Programmes



Sports Performance Programme

Our Sports Performance Programme (SPP) is a comprehensive support package for our student sports men & women focusing on key sports selected annually by Brunel Sport and the Union of Brunel Students.

The SPP support structure is extensive; our students can access a wide range of services including access to world class training facilities, elite level coaching, strength and conditioning, injury support and lifestyle management advice. The programme aims to help develop our student sports men & women and combine sporting success with academic excellence.

Key Benefits of the Programme

- ▶ Access to world class training facilities including the Indoor Athletics Centre and strength & conditioning area
- ▶ Structured weekly training programmes
- ▶ Elite level coaching from leading national standard coaches
- ▶ Strength and conditioning advice and support
- ▶ Free sports injury management
- ▶ Spa access including ice plunge pool, sauna, steam room and Jacuzzi
- ▶ Subsidised Medical Imagery through the London Imaging Centre (MRI's, X-Ray)

Sports Scholarship Programme

Thanks to the combined support from the College of Health and Life Sciences, Brunel Alumni and Brunel Sport, we award Sports Scholarships annually to students of outstanding sporting ability. Our aim is to provide the best possible service to performance athletes who are studying within higher education.

What we include within the scholarship award 2018/19?

- ▶ Cash Award up to £3000 per year
- ▶ Athlete-friendly accommodation on campus next to sports facilities**
- ▶ Sport Science Support
- ▶ Free use of world-class sports facilities
- ▶ Free fitness & injury rehabilitation
- ▶ Free Spa access
- ▶ Sport Scholarship Kit

* Cash awards vary annually depending upon sport, funding and support.

** The programme does not cover accommodation costs or tuition fees



Who can apply for a Brunel University London Sport Scholarship?

Anyone can apply for an award as long as they have met the academic requirements for a course and subsequently been given a conditional or unconditional place at Brunel University London for the academic year 2018/19. As main criteria, all applicants must be able to demonstrate sporting achievement at Junior International level or

equivalent in one of the Priority Sports listed below. Please note that competition for scholarships can be very high and you must be able to show evidence of your sporting achievements and supporting information from your National Governing Body Performance Director/National Coach.



Priority Sports

Students that compete in one of the University's priority Sports, see list below, will be given priority for funding, however all other sports will be considered.

Our performance sports are Athletics, Netball, Rugby, Basketball, Futsal. Other sports include Archery, Badminton, Canoeing/Rowing, Cycling, Women's Football, Golf, Hockey, Judo, Squash, Swimming, Table Tennis, Tennis, Triathlon, Olympic Wrestling and Olympic Weight Lifting.

How can I apply for a Brunel University London Sport Scholarship and find more information?

If you are a prospective student please email: sports-scholarships@brunel.ac.uk with your student id number and a form will be made available for you.

The first deadline for applications is the 31 July 2018 to ensure accommodation places are met if you have opted for athlete friendly accommodation, the second deadline will be 31 August 2018, but will not guarantee athlete friendly accommodation. Late applications may be considered after these dates (through Clearing) but will be subject to the scholarship committees decision.

Please contact **Richard.Ashe@brunel.ac.uk** if you have any questions.

World Class Sports Facilities on Campus

We have always strived to deliver a quality service to all who use our facilities and our commitment to continuous improvement is evidenced through our 'Quest' accreditation.

Quest is the benchmarking and accreditation tool for the management of leisure facilities and it defines industry standards and good practice within a customer focused framework. Brunel is one of only eight Universities nationally to achieve and maintain **Quest** accreditation and we are currently rated 'Very Good'. <https://questnbs.org/>

Indoor Athletics Centre

Built in 2005, our impressive indoor sprint track is home to the Brunel University London Athletics Club, which has a strong tradition of producing great athletes and most recently came second only to Loughborough at the British Universities Indoor Championships. Many of our former members have gone on to represent Great Britain at World Championships and Olympic Games. The world class facility boasts:

- ▶ 132 metre indoor sprint straight
- ▶ 1 x long jump pits
- ▶ Pole vault area



- ▶ High jump area
- ▶ Judo matted area
- ▶ Dedicated weight lifting platforms
- ▶ Multi-purpose weight training area
- ▶ Sports Massage/Physiotherapy room

We are also very fortunate to be a UK Athletics (UKA) regional training centre and some of the finest British athletes train here on a daily basis. It is also used by many other student sports clubs including Rugby, Netball, Fencing, Rowing and Martial Arts.

The More Energy Fitness Centre, recently refurbished in 2014, boasts brand new state-of-the-art cardiovascular machines, with an abundance of entertainment options, interaction and connectivity. In addition there is cable, plate loaded and functional weight training equipment to suit every individual's needs. Customers are able to sign up online, book and/or amend classes, appointments and additional services at the click of a button. There are highly qualified fitness professionals on hand to personalise your workout and offer the advice and support you require.

Please contact a member of the Gym Team on **01895 265307** or visit www.more-energy.co.uk for further details.

Sports Centre

Both the Sports Hall and Netball Hall can accommodate Basketball, Volleyball, Badminton and Netball. Indoor Cricket and Archery nets are also available in the Sports Hall. Both halls have seating for 300 spectators with integrated scoreboard and timing systems.

Our Sports Hall houses an Indoor Climbing Wall and Pump Room which is rated in the top 10 in the country by the BMC. The wall has a number of different sections catering for all techniques, ages and abilities. Lessons and courses are run weekly to give everyone the ultimate experience.

The Exercise Studio with mirrored walls is the ideal space for all fitness classes and martial arts clubs to train.

Four Squash Courts with viewing gallery cater for casual, league and match requirements for the University and are available for public membership or casual use. Squash leagues are run for staff, students and public squash members.



Sports Park

The Sports Park is set in attractive grounds opposite the main campus. It has two synthetic pitches - an FA Registered Third Generation pitch filled with rubber crumb which plays like true grass, and a multi-use synthetic pitch which provides a full-sized Hockey pitch. Both can be sub-divided into smaller pitches.



In Spring 2014, Brunel University London saw the regeneration of the grass training facilities. After extensive redevelopment by the FA approved, Kestrel Contractors, the facility is home to an International standard Rugby Pitch, which includes natural turf, a lateral draining system and an automated irrigation system.

The size of the pitch, including dead ball areas, is 120m by 80m. The facility also features a training area, which is 82m x 19m and has been designed for the purpose of high impact and high intensity training. The total area of the entire project is 16,780m and it is illuminated by a 200 lux capacity floodlight system.

The Outdoor Athletics track, which was fully resurfaced in 2013, is certified to IAAF standard and boasts an A rating in the UKA track certification listings.

The track itself possesses

- ▶ A 6 lane 400m synthetic porous track
- ▶ High Jump & Long/Triple Jump areas
- ▶ Multiple Pole Vaulting areas
- ▶ Full throwing facilities
- ▶ Floodlit to 300 LUX
- ▶ All equipment is housed on site
- ▶ A high standard full size football pitch

Our neighbouring playing field is a further extension to the Sports Park facilities. It houses four highly maintained football pitches and two rugby pitches. Other outdoor facilities include six tennis courts and four netball courts, all of which are serviced by the Sports Pavilion which incorporates changing facilities, a video analysis teaching room and a sports bar.



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Every effort has been made to ensure the accuracy of the information in this brochure and the University will take all reasonable action to deliver courses and services in accordance with the descriptions set out in it. However, the University reserves the right to vary the content of courses, or to merge or discontinue them. It will, in the case of discontinuation, use all reasonable efforts to offer a suitable alternative. All students are required, as a condition of registration, to abide by and submit to the University's statutes, ordinances, regulations and rules, which are published on the University's website: www.brunel.ac.uk/about/administration/rules