

Would you like to find out more about the theories informing occupational therapy and the experiences of living with disability?

Here are a few suggestions which may be of use to you. They are not academic texts used on the course but have been selected in preparation for starting the course, to help you become familiar with the language and issues you may encounter. We are not suggesting you buy all or any of these, as it is important that you decide what is right for your own learning needs.

Study skills:

Student's guide to writing, Grammar, Punctuation and Spelling (2005) by John Peck and Martin Coyle. Palgrave study guides. Palgrave Publishing. (approx £10)

The Study Skills Handbook by Stella Cottrell 3rd edition (2008) published by Palgrave (£12.99)

Informing theories:

The Brain: a very short introduction by Michael O'Shea (2005). Published by Oxford University Press (£6.99)

Psychology: a very short introduction by Gillian Butler & Freda McManus (2000). Published by Oxford University Press (£6.99)

Sociology: a very short introduction by Steve Bruce (2000). Published by Oxford University Press (£6.99)

The Muscle Book by Paul Blakey (2000) Published by Bibliotek Books Ltd (approx £7 - £10)

Anatomy and Physiology for Dummies by Donna Rae Siegfried (2002). (approx £10-£15)

Some examples of experiences living with disability:

- The Diving Bell and the Butterfly' by Jean-Dominique Bauby (book and DVD)
- Iris by John Bayeley (book and DVD)
- The Curious Incident of the Dog in the Night-Time by Mark Haddon (book)
- My Left Foot by Christy Brown (book and DVD)
- Away from her (DVD)
- A Beautiful Mind (DVD)
- East is East (DVD)
- Looking Up: a Humorous and Unflinching Account of Learning to Live again with Sudden Disability by Tim Rushby-Smith (book)