

News & Features

- 5th May - Costa Summer Ice coolers available
- 12th May - Garden Gourmet pop-up
- 19th May - Health & Wellbeing Fayre
- 26th May - Cinema night
- 30th May - Jubilee hamper
- 30th May - 3rd June - Catch-up on Campus

What's happening in June?

- 13th - 17th June - Nominate A Mate
- 23rd June - Garden party
- June - August - Summer schools
- Cooking vlogs (check out our Insta @tastekingdombu for more information pertaining to these)

Fun Food Fact

- Coffee is the main source of antioxidants for Americans
- Blueberry's are one of the best sources of antioxidants and may help to defend the body against certain cancers

F.U.E.L

This month's F.U.E.L (Fuelling Unique Everyday Lives) podcast was 'healthy skin'. This focuses on how specific foods provided by Taste Kingdom can contribute towards a glowing complexion.

Uni you Know?

- At the back of the Howell building is a student kitchen, which students are free to use.
- The Uni Food Hub menu is 1/3 vegan, 1/3 vegetarian & 1/3 meat.

Important info

- Recruitment for summer schools has finished. However, we are currently recruiting for chefs. Please direct any interest towards tastekingdom@brunel.ac.uk.
- Outlet opening hours have changed! Visit our social media for an update on this.
- Tortilla is now available from Hola Pollo for eat-in and click & collect - order via the Uni Food Hub app.
- Hola Pollo will be available to eat-in and click & collect. Order from the e-kiosks or via Uni Food Hub.



MAY THE HEALTH BE WITH US!

This month staff and students have felt the full force of our commitment towards promoting a healthy planet and foods, as well as generating an atmosphere to enhance the mental wellbeing of both staff and students.

Garden Gourmet Pop-up

In May, we hosted David Wright, a campus favourite from Garden Gourmet. During the visit, students learned how to cook a Malaysian curry rice bowl and Peruvian chicken wrap, then they could enjoy it afterwards. Students could not believe that both of the dishes were plant-based and they became considerably more open-minded towards trying vegan dishes in the future.

Cinema night

This month's cinema night showed The Hunger Games. Despite students being off-campus, we still had a decent turn-out, with around 20 students enjoying the film. As always free popcorn was provided to all attendees. Due to summer schools, we will not be holding anymore cinema nights until September.

Health & Wellbeing Fayre

Another exciting event this month was the staff health and wellbeing fayre. During this, Taste Kingdom held a stall over two days in the John Crank Garden garden marquee. We offered a variety of games including:

1. Mapped - where staff mapped the food items to the country of origin to win a healthy food prize.
2. Health & Wellbeing Quiz - where staff had to answer 3/3 questions correct to win a Costa voucher.
3. Food Waste Reduction - closest two individuals to determining the food waste reduction since transitioning to a dark kitchen won a Uni Food Hub food voucher.

In addition to the various games, Taste Kingdom provided staff with information on the Uni Food Hub app and how they can lead a more healthy lifestyle through their food habits. We even had a smoothie bike, whereby staff could peddle to make their own smoothies. Staff also enjoyed the Festival concepts of Dirty Salads and Chapati Chaat. During Chapati Chaat, Malcolm showed staff how to cook Chapatis using a traditional method. Staff thoroughly enjoyed the experience and particularly the interactive learning element.

Exam Bites vouchers

During May students enjoyed exam bite vouchers, which enabled them to receive a free hot meal at: Hola Pollo, Izzis Pizza or Tortilla. This concept was developed to reward students for their hard work studying for their exams. We received highly positive feedback from students who were touched by this act of kindness.

Hospitality

It was a huge month for hospitality! Some of the noticeable events that we catered for were: Hillingdon Expo, Students Volunteers dinner, SU awards ceremony as well as a considerable number of staff and student BBQs. We have received outstanding feedback, with the Hillingdon Expo praising our 'professionalism' and continual dedication towards going above and beyond requirements.

Catch-up on Campus

Catch up on campus was back and better than ever! Taste Kingdom provided a generous amount of free food giveaways, from the FEASTIVAL concepts: Mac Shack (macaroni cheese), Sweet Street (loaded waffles) & Juan & Ole (Mexican rice bowls). Many other events were held, such as an omelette making competition, sweet street food bags and ice creams during the film night, which produced an electric atmosphere.

Jubilee celebrations

As part of the jubilee celebrations, we held strawberry's and cream on the quad and made a winnable hamper, comprising all British food and drink. To win the prize, students had to answer a question on our Insta story asking 'why you wanted to win the prize'. The winner was chosen through nominating her mother who had travelled across the country and required refuelling before the celebrations commence.