

STUDENT SERVICES

supporting you

If you are having a difficult time, feeling low or confused, or just need someone to talk things through with, this information may help.

Student Centre

The Student Advisers are multi-skilled and cross-trained with generic knowledge that crosses departmental boundaries; they can help with things like student registration, returners enquiries, student ID cards and finance/funding. The Immigration team assist with specialist immigration advice to enrolled international, exchange and study abroad students, their dependants and graduates of the University.

Call: 01895 267045
Email: studentsupport@brunel.ac.uk
Visit: [Contact the Student Centre](#)

Student Support and Welfare

Student Support and Welfare Officers provide a wide range of individual, personal and welfare support to students at Brunel; including light-touch budgeting advice, support for pregnant students, young carers, care leavers and mature students.

If you need help and are unsure who to speak to, the Student Support and Welfare team are available to advise you.

Call: 01895 267045
Email: studentsupport@brunel.ac.uk
Visit: [Book an appointment](#)

Brunel Security

The Security team offer 24/7 support for both staff and students.

Contact them for emergency assistance or to inform them if you are concerned about your or others' safety or wellbeing.

Call: 01895 255786
Email: security-operations@brunel.ac.uk
Visit: [Staying safe](#)

Disability and Dyslexia

The Disability and Dyslexia team offers advice and guidance to students with a range of disabilities including Autistic Spectrum Conditions, sensory and mobility impairments and other medical conditions.

They also support students with Specific Learning Difficulties such as Dyslexia, Dyspraxia, AD(H)D and offer access to our Assistive Technology Centre and a Sensory Room if relevant to their needs.

Call: 01895 267045

Email: studentsupport@brunel.ac.uk

Visit: [Disability & Specific Learning Difficulties](#)

West London Assessment Centre (DSA)

The West London Assessment Centre provides needs assessment reports for disabled students as part of the Disabled Students' Allowance process. If your funding body has asked you to have a needs assessment, please make an appointment directly with the West London Assessment Centre

Call: 01895 266704

Email: assessmentcentre@brunel.ac.uk

Visit: [West London Assessment Centre](#)

Counselling

The Brunel Counselling Service provide free, short-term talking therapy with a qualified counsellor in a safe, confidential space. They will listen to any problems or difficult feelings and empower you to make your own decisions.

Counselling can help with building emotional resilience during periods in a student's life when they are feeling anxious, depressed or overwhelmed.

Call: 01895 267045

Email: studentsupport@brunel.ac.uk

Visit: [Mental wellbeing services](#)

Mental Health Advisers

Mental Health Advisers provide guidance to students who have a diagnosed condition, as well as those who have not yet sought support or treatment with a medical practitioner.

They will work with you to develop a plan and access support.

Call: 01895 267045

Email: studentsupport@brunel.ac.uk

Visit: [Mental wellbeing services](#)

Brunel Medical Centre

Offering a wide range of medical care to all registered patients.

Students can register with the University's Medical Centre and get advice and treatment for any health-related matters.

Call: 01895 266904

Visit: [Medical Centre](#)

Meeting House

The Meeting House is a unique space of welcome, hospitality and support. Among many ways of supporting our students, our Chaplains offer a Listening Service. It gives students an opportunity to talk confidentially about any issue. It is a non-judgmental, non-therapeutic conversation where Chaplains give you their full attention.

You don't have to be religious to ask Chaplains for their time! We are here to support everyone.

Call: 01895 266459

Email: meeting-house@brunel.ac.uk

Visit: [Faith and religion](#)

Residences Ambassadors

Residences Ambassadors are students here to support and guide you through any challenges you may face during your stay in halls. You can follow your ambassadors on:

Facebook ([/Brunel.Ras](#))

Twitter ([@Brunel_RAs](#))

Instagram ([@brunel.ras](#))

Call: 01895 268025.

Email: Residences-Ambassadors@brunel.ac.uk

Visit: [Your Residence Ambassadors](#)

ARC

The Advice and Representation Centre (ARC) provide a free, confidential and non-judgemental service for all students at Brunel University London. They are independent from the University; this means they can represent you in your dealings with the University without a conflict of interest.

The ARC offer practical advice on all kinds of subjects relating to student life; university procedures, housing, student funding, budgeting and other issues.

Web: [Advice Service](#)

ASK

The Academic Skills (ASK) service supports Brunel students by helping them to develop the skills they need to learn independently and thrive academically, whatever their level or subject.

ASK provides support on academic writing and study skills, Maths and numeracy and Statistics and SPSS.

Email: ASK@brunel.ac.uk

Visit: [Academic Skills](#)

Blackbullion

An online service that can help you understand and manage your finances. Blackbullion has various 'pathways' you can take to help boost your knowledge of:

Budgeting

Savings

Debt

Tax

Student Funding and much more!

Enrolled students can sign up for free using your Brunel email address and access the online resources from anywhere.

Visit: [Blackbullion](#)

Report and Support

There may be times whilst at Brunel where you (or someone else) need support or that you notice or experience something that you wish to report to the University. To help with this, our site allows students, staff, visitors and third parties to report a concern anonymously or to report a concern with contact details so that we can offer support and get back to you.

Visit: [Report + Support - Brunel University London](#)

Being Well, Living Well

Take some time out to focus on your self-care with tips and tools to maintain a healthy mind and body from this flexible online toolkit.

Visit: [Self-care](#)

External Support

There are a variety of external services that are also available to support you.

The Mix

A free helpline for young people under 25 who know they need help, advice or information but don't know where to find it.

Call: 0808 808 4994

Visit: [The Mix - Essential support for under 25s](#)

Samaritans

The Samaritans provide confidential emotional support 24/7 to those experiencing despair, distress or suicidal feelings. Samaritans do not limit the length or frequency of phone calls.

Call: 116 123

Visit: [Samaritans | Here to listen](#)

Student Space

A fantastic and free online tool. They are able to provide access to support services via phone or text, whatever works best for you, as well as giving information on what support Brunel can offer.

Visit: [Student Space](#)

Side by Side – An online social network community to listen, share and be heard.

Visit: [Side by Side | A community platform by Mind](#)

Kooth – Free online counselling and online resources.

Visit: [Kooth](#)

Young Minds – Offers a crisis text line 24/7 to support anyone experiencing crisis.

Visit: [Get urgent help \(youngminds.org.uk\)](#)