

# Welcome to Occupational Therapy at Brunel

Discover  
Brunel

## Congratulations on securing your place at Brunel

We're looking forward to meeting you - either in person or online - and introducing you to life at Brunel.

To help us get started, we've put together a short activity and some further information to help you prepare for your course - including a snapshot of the topics you'll cover and useful resources.

If you have any questions please email [chmls-tpo-otcn@brunel.ac.uk](mailto:chmls-tpo-otcn@brunel.ac.uk).

## Pre-arrival activity

We'd like you to complete a short activity before you join us. We can discuss your answers in one of your first personal tutor sessions. Your work will not be officially assessed however it will allow your tutor to get to know you better.

How can occupational therapy change someone's life?

Please read The Guardian article [here](#).

After reading the article, consider and jot down some thoughts on the questions below:

1. How do you think their experience impacted on them as a person and their daily life, e.g. what were the things they could or couldn't do?
2. Did their experience impact on participation in different environments e.g. at home, at work or in the community?
3. How do you think an Occupational Therapist could have worked with this person in their situation?

## Online resources

- [A phenomenological study of occupational engagement in recovery from mental illness](#)
- [Children and young people's perspectives and experiences of a community wheelchair basketball club and its impact on daily life](#)
- [In the Footsteps of Wilcock, Part One: The Evolution of Doing, Being, Becoming, and Belonging](#)
- [Occupational Balance: What Tips the Scales for New Students?](#)
- [The British Journal of Occupational Therapy](#)

## Reading list

### Practice placement one

- Polglase, Tracey. (2012) The occupational therapy handbook practice education. Keswick: M&K Update

- Alsop A, Ryan S (1999) Making the Most of Fieldwork Education: A Practical Approach. London, Chapman & Hall.

### **Professional development**

- Reynolds, F. (2005). Communication and clinical effectiveness in rehabilitation. Oxford: Butterworth-Heinemann
- Hammell, Karen Whalley (2006) Perspectives on disability & rehabilitation: contesting assumptions, challenging practice Ashcroft, Richard E (2007) Principles of health care ethics. (2nd edition) Chichester. John Wiley

### **Knowledge and skills for occupational therapy**

- Atwal A & McIntyre A. (2013). Occupational therapy and older people (2nd edition). Chichester. Wiley-Blackwell
- Curtin M, Egan, M & Adams J (2017). Occupational Therapy for People Experiencing Illness, Injury or Impairment: Promoting occupation and participation, 7th edition (Occupational Therapy Essentials). Elsevier

### **Knowledge and skills for occupational therapy**

- Bryant, W. Fieldhouse, J, & Bannigan, K. (2015) Creek's Occupational therapy in Mental Health. 5th edition. Edinburgh: Churchill Livingstone Elsevier.
- Cole, M. B. (2018) Group dynamics in occupational therapy the theoretical basis and practice application of group intervention 5th edition Thorofare, New Jersey: Slack Inc.
- Duncan EAS. (ed) (2009) Skills for Practice in Occupational Therapy. Edinburgh: Churchill Livingstone Elsevier.
- Gross, R. (2015) Psychology: Science of Mind & Behaviour. 7th edition. Oxford: Hodder & Stoughton.
- Sumsion T (2006) Client-centred practice in occupational therapy: a guide to implementation. (2nd edition). Edinburgh: Churchill Livingstone.

### **Human sciences**

- Atchison B & Powers Durette J (editors) (2017) Conditions in occupational therapy: effect on occupational performance. (5th edition) Philadelphia. Wolters Kluwer
- Case-Smith, J (2017). Occupational therapy for children and adolescents. (7th edition).
- Maskill L & Tempest S (editors) (2017) Neuropsychology for Occupational Therapists: cognition in occupational performance. (4th edition) Oxford. Blackwell Publishing.
- McMillan IR; Carin-Levy, C & Tyldesley B.. (2012) Tyldesley & Grieve's Muscles, nerves, and movement in human occupation. (4th edition) Chichester. Wiley-Blackwell.
- Thompson CW & Floyd RT (1998) Manual of structural kinesiology. (13th edition) McGraw-Hill. Singapore

We look forward to meeting you in Welcome Week (Monday 21 – Friday 25 September).

*Occupational Therapy Team*

Find out more about Welcome Week  
[brunel.ac.uk/welcome-week](http://brunel.ac.uk/welcome-week)



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