



**Brunel**  
University  
London

## Occupational Therapy

### Pre-Reading & Activities for Welcome Week 2021

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## 1. Pre Reading & Activity 1 for Welcome Week

The Professional Standards for Occupational Therapy Practice, Conduct and Ethics are published by the Royal College of Occupational Therapists. They describe a set of behaviours and values to promote and maintain good and safe professional practice in occupational therapy. They apply to all members, associate members and students. It is therefore essential that as a student you are familiar with the document and its contents.

**Reading:** Download, save and read found here:

<https://www.rcot.co.uk/practice-resources/rcot-publications/downloads/rcot-standards-and-ethics>

## 2. Pre Reading & Activity 2 for Welcome Week

The Occupational Therapy division at Brunel University London is committed to ensuring a close knit, diverse and inclusive community of occupational students and academic staff.

Over the summer months of 2020, our Occupational Therapy division facilitated the development of a Racial & Cultural Equality (RACE) Group as a collaborative effort between academic staff and Black, Asian, Minority Ethnic (BAME) students. We are very proud of this group which was founded after a staff/student listening event. Our RACE group is led by Jou Yin Teoh who you will meet in Welcome Week.

On our programmes, you will learn about the importance of diversity and culture when working with people. This extends not only to the clients and families you will work with but also the teams you will work within and the people you will interact with every day. Your training starts with your peers and it will begin in Welcome Week where we will introduce you to our ethos and our expectations.

To prepare you for this, our RACE group would like all incoming students to complete the following reading and assigned activity before your arrival: **Read the PDF article 'Inclusion in Occupational Therapy' attached for the Welcome to Brunel email.**

Activity: From reading the above article write some thoughts on the following:

1. What did you observe while reading the article?
2. How did you feel while reading it?
3. What did you learn from the article that you will take with you into your training as an Occupational Therapy student?

Sharing your thoughts is optional, but you are expected to complete this activity in preparation for joining our Brunel Occupational Therapy community.