# Quantum chaotic thermalization

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#### to be exemplified for

## Dicke model: spin and oscillator coupled

$$\hat{H} = \hbar \left\{ \omega_0 \hat{J}_z + \omega a^{\dagger} a + g \sqrt{\frac{2}{j}} (a + a^{\dagger}) \hat{J}_x \right\}$$

$$\vec{J}^2 = j(j+1)$$
 Bloch sphere

quantum phase transition at  $g = g_c = \frac{\sqrt{\omega\omega_0}}{2}$ 

in superradiant phase: \*  $\langle a \rangle \neq 0$  Hepp (1973) ...

#### experiment with double condensate in optical resonator:

T. Esslinger 2010

phase transition observed

we propose extension for

chaos,

equilibration,

giant fluctuations

### oscillator coherent states

$$|\alpha\rangle$$

complex lpha fixes mean displacement and momentum

$$\langle x \rangle \propto \alpha + \alpha^*, \qquad \langle p \rangle \propto \alpha - \alpha^*$$

with minimal uncertainty: one Planck cell

## spin coherent states

$$|z\rangle$$

complex amplitude  $z=\mathrm{e}^{\mathrm{i}\phi}\tan\frac{\theta}{2}$  fixes spin orientation as

$$\langle z|\hat{J}_x|z\rangle = j\sin\theta\cos\phi$$

$$\langle z|\hat{J}_y|z\rangle = j\sin\theta\sin\phi$$

$$\langle z|\hat{J}_z|z\rangle = j\cos\theta$$

with minimum uncertainty: single Planck cell

## Glauber Q-function (Husimi)

$$Q(\alpha, z) \propto \langle \alpha, z | \rho | \alpha, z \rangle$$

exists for any  $\rho$ , real, non-negative

$$\langle a^m a^{\dagger n} \rangle = \int d^2 \alpha d^2 z \, \alpha^m \alpha^{*n} \, Q$$

converges to classical phase-space density as  $\hbar \to 0$ 

## evolution equation is Fokker-Planck

$$\dot{Q} = (\mathcal{L}_{\text{drift}} + \mathcal{L}_{\text{diff}})Q$$

$$\mathcal{L}_{\text{drift}} = i\partial_{\alpha} \left( \omega \alpha + g \sqrt{2j} \frac{z + z^*}{1 + |z|^2} \right)$$

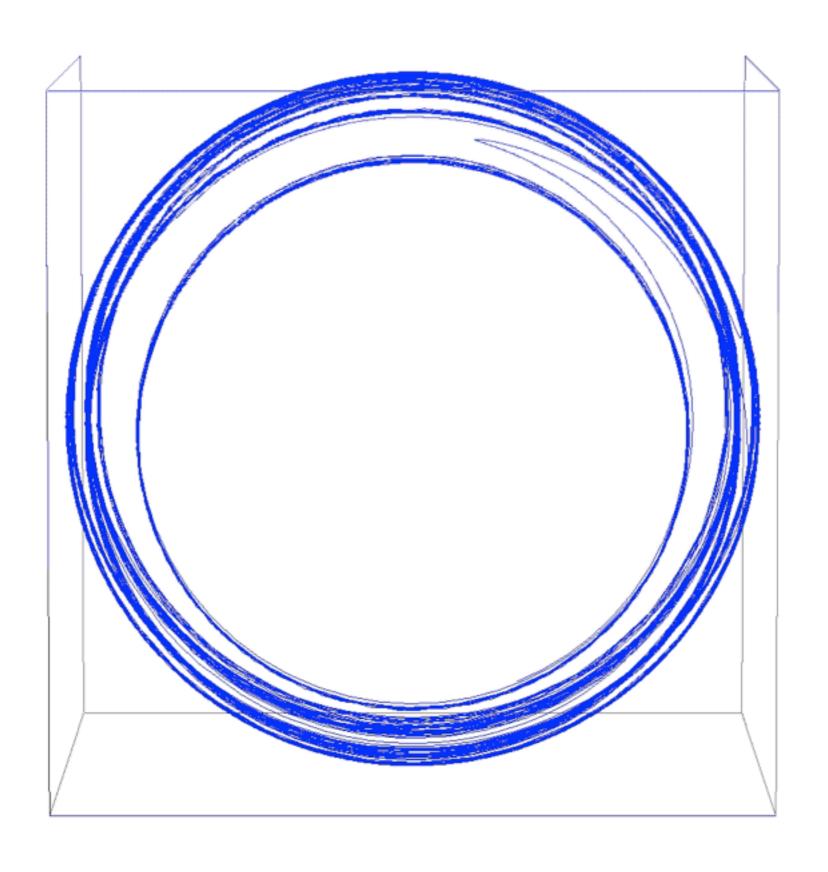
$$+i\partial_{z} \left( -\omega_{0}z + \frac{g}{\sqrt{2j}} (1 - z^2)(\alpha + \alpha^*) \right) + \text{c.c.}$$

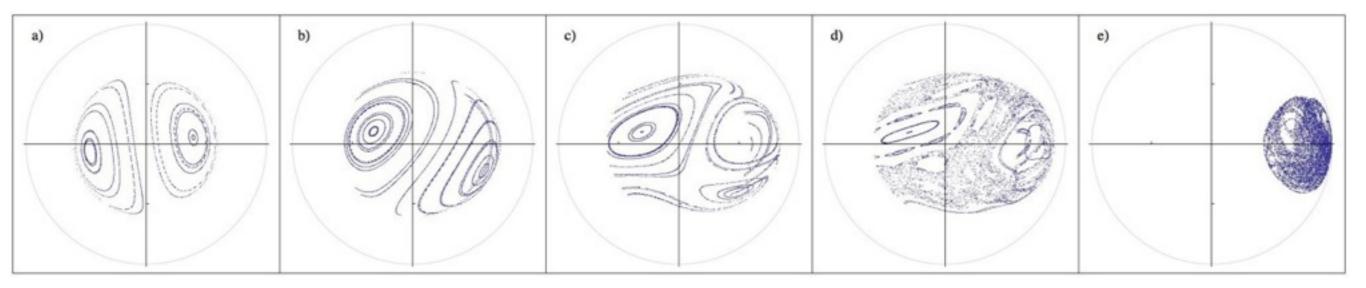
$$\mathcal{L}_{\mathrm{diff}} = \frac{\mathrm{i}g}{\sqrt{2j}} \partial_{\alpha} \partial_{z} (1-z^{2}) + \mathrm{c.c.}$$
 relative order  $\frac{1}{j}$ 

## interlude:

classical dynamics according to drift

## single classical trajectory on Bloch sphere





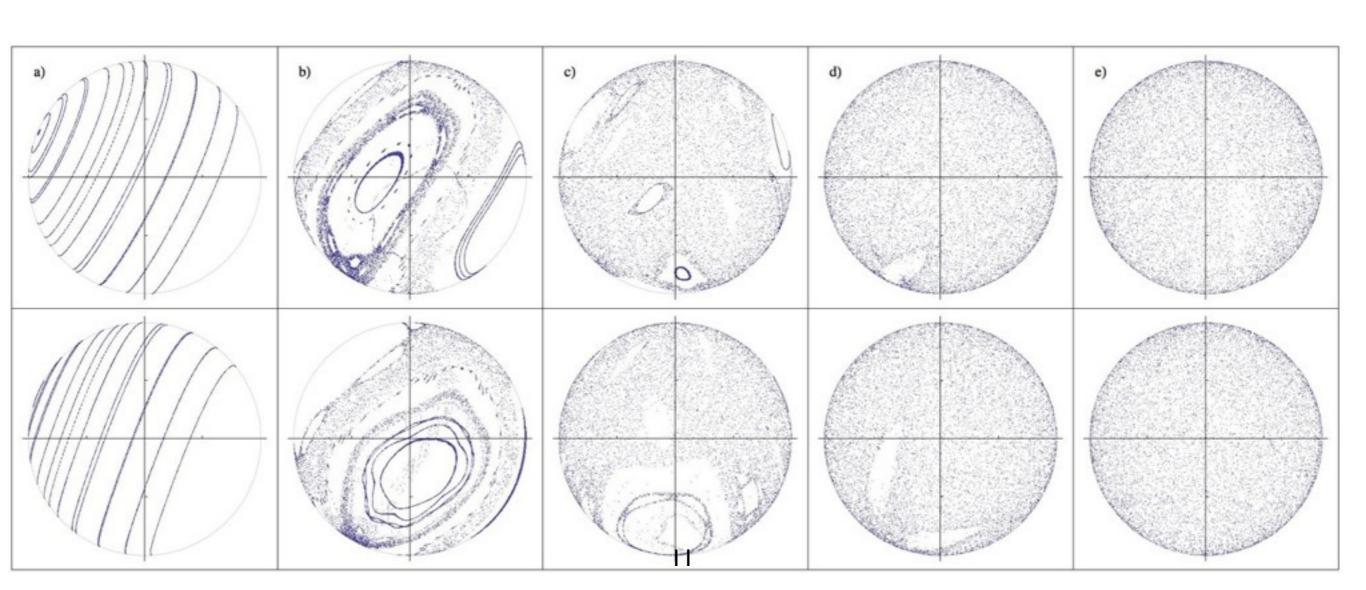
$$\frac{g}{g_c} = 0.2$$

0.7

0.9

1.01

1.5



## mimick initial coherent state (with `tiny circular support' in energy shell) as swarm of initial points

gives rise to bundle of trajectories

initially circular support deforms while preserving `area':

squeezes, stretches, bends, folds, without end,

visits everywhere in the energy shell



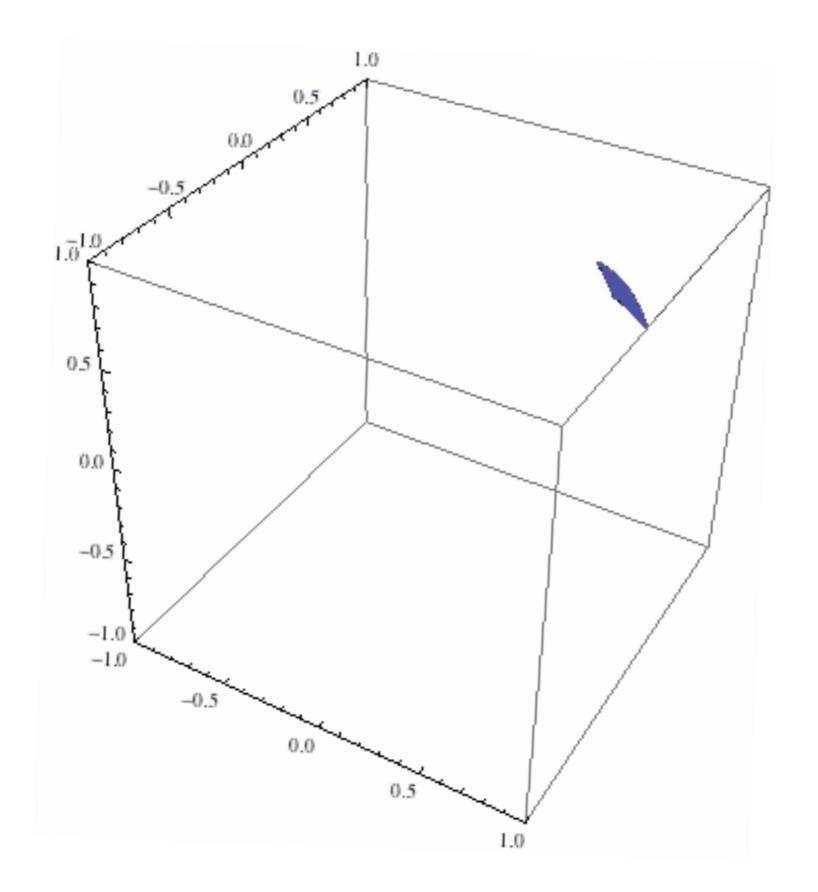
#### until

Q forms an `infinitely' fissured landscape, over its infinitely wriggling support,

finite resolution, however, suggests

constant Q over the energy shell,

microcanonical distribution



## quantum mechanics

#### forbids

classical nonsense like infinitely fine structures

quantum diffusion washes out singular fissures in Q

so as to corroborate microcanonical distribution

but how?

## quantum diffusion

$$\mathcal{L}_{\text{diff}} = \frac{\mathrm{i}g}{\sqrt{2j}} \partial_{\alpha} \partial_{z} (1 - z^{2}) + \mathrm{c.c.}$$

$$D = \begin{pmatrix} 0 & d \\ d^\dagger & 0 \end{pmatrix} \qquad \text{real symmetric, chiral}$$

$$\lambda^4 - \lambda^2 \operatorname{tr} dd^{\dagger} + \det dd^{\dagger} = 0$$

eigenvalues come as two real  $\pm$  pairs

2 eig'vec's of D 'expansive'  $\longleftrightarrow$   $\lambda > 0$ 

genuine diffusion

2 'contractive'  $\longleftrightarrow$   $\lambda < 0$  antidiffusion

classical chaotic drift also has 4 distinguished directions:

2 neutral (along flow and transverse to energy shell),

1 expansive (unstable), 1 contractive (stable)

## classical vs quantum expansion/contraction: projection onto co-moving Poincaré section

fix phase space point  $X_0$  and choose deflection  $\delta X$  write Fokker Planck eqn with  $\delta X$  as independent variables

$$\dot{Q} = (\partial_{\delta X_i} d_i (X_0 + \delta X) + \partial_{\delta X_i} \partial_{\delta X_j} D_{ij} (X_0 + \delta X)) Q$$

truncate wrt deflection, leading order express deflection in terms of local coordinates along classically stable, unstable, and neutral directions:  $s,u,\epsilon,\tau$ 

integrate out neutrals to get reduced Fokker-Planck eqn:

$$\dot{Q} = (\lambda \partial_s s - \lambda \partial_u u + \partial_s^2 D_{ss} + \partial_u^2 D_{uu} + 2\partial_s \partial_u D_{su})Q$$

Lyapounov exponent  $\lambda$  independent of  $X_0$ 

diffusion matrix with known dependence on  $X_{0}$ 

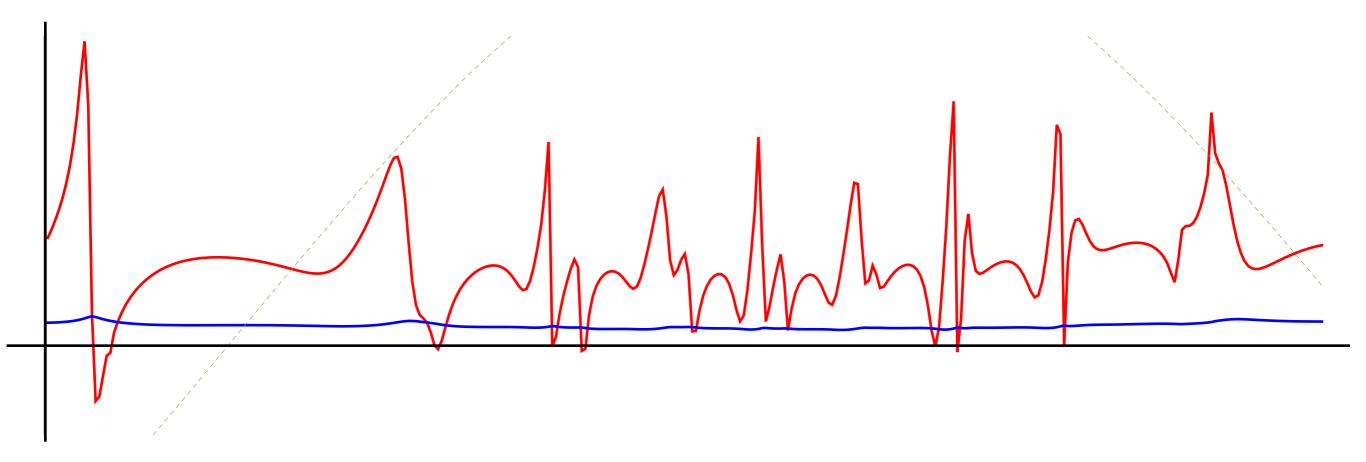
same Fokker-Planck eqn for  $X_0 o X_t$ 

along classical trajectory emanating from  $X_0$ 

time dependent diffusion matrix

$$var_t(s) = e^{-\lambda t} var_0(s) + \int_0^t dt' e^{-\lambda s} D_{ss}(t - t')$$

#### must be positive at all times since Q is

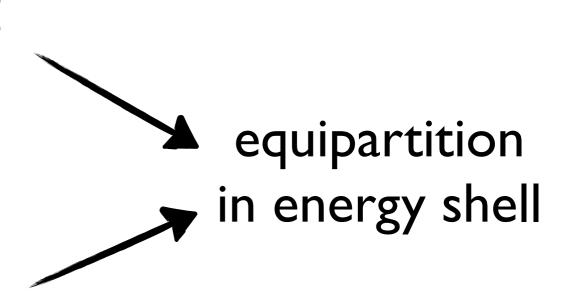


minimal scale for stable direction 
$$\propto \frac{1}{\sqrt{j}}$$

## equilibration mechanism:

chaos provides endless stretching and folding in unstable direction

quantum diffusion smoothes in classically stable direction, to minimal scale  $\propto 1/\sqrt{j} \propto \sqrt{\hbar}$ 



how general?

Fokker-Planck equations often Q describe unitary dynamics

(kicked top, SU(3)-dynamics, Bose-Hubbard model)

given chaos, equilibration as above

#### in general, given chaos,

$$\dot{Q} = \mathcal{L}Q$$

$$\mathcal{L} = \sum_{n=1,2,\dots} \hbar^{n-1} \partial_X^n f_n(X)$$

for classically stable coordinates, along classical trajectory

$$\partial_{\tilde{s}}\lambda\tilde{s} + \sum_{n=2,\ldots} \partial_{\tilde{s}}^n \hbar^{(n-2)/2} f_n(X_t)$$

suggests asymptotic validity of Fokker-Planck eqn

### summary

Q obeys Fokker-Planck equation

equilibration to microcanonical distribution,
due to classically chaotic drift and quantum diffusion
(stretching, folding, quantum smoothing)

## The end