

Jack Fuller

1 Sutton Way, Uxbridge UB8 7SP
jfuller@yahoo.co.uk 0000000000
<http://UK.linkedin.com/pub/yourlinkedinprofile>

Profile

- Second Year Sport Sciences student with a proven engagement with sport as coach and athlete
- Competent user of Excel and knowledge of SPSS
- Strong team working skills achieved as Social Secretary of Brunel Sport Society and football player

Education

Sept 2015 to Present **BSc Sport, Health and Exercise Sciences** **Brunel University London**

Relevant Modules: (First year result: **2.1**)

- Physical Literacy and Child Development
- Applied Sport and Exercise Physiology
- Applying Sport Sciences to Practice: Coaching and Teaching Effectiveness
- Theory and Application in Sport and Exercise Psychology
- Research and Learning Skills II
- Work Based Learning I
- Synoptic Study II
- Physical Activity, Health and Wellbeing in the Life course

Sept 2008 to 2015 **St Mark's Catholic School, London**

A-levels: Sport (A), English (B), Biology (A)

GCSEs: 11 A-B grades including Maths (A), English (B) and Science (A)

Relevant Experience:

Assistant Coach **2X Football team, Hammersmith** **January 2015 – Ongoing**

- Supporting the coach with training 11-15 boys and girls
- Running training drills, refereeing games and recording for video analysis
- Developed leadership, organisational and communication skills

Teaching Assistant **St Mark's Primary School, Chiswick** **June 2012**

- Provided assistance to teachers in the classroom and during sport activities
- Helped with the organisation and running of the school's sports day for 5-11 years old
- Developed organisational, planning and effective communication skills

Voluntary Experience

Sept 2016 **Brunel Volunteers**

As a Volunteer I was involved with the Freshers' Week events. This included helping new students to move in on campus, organising various social meetings and ensuring the students were enjoying themselves and settling down.

Skills

- Communication – Developed during years of playing football, communication is vital to good team performance. Also developed during my work-based learning experience as a football coach, this gave me another platform for communication as more of a leader.
- Time management – Developed during university where I have learned to manage deadlines with coursework, successfully complete exams and at the same time balancing work, sport and social life.
- Organisation – Developed through my role as Social Secretary of Brunel Football where I was responsible for organising variety of events involving a large numbers of club members.
- Leadership – Developed during my time as a football team captain and coach where I would have to be a vocal leader both during performances and training.
- IT skills: Microsoft Office: Excel, Word, PowerPoint and Outlook. Knowledge of SPSS

Achievements

Sept 2014 to 2015

St. Mark's Head Boy

This role included being an ambassador for the school; I enjoyed leading by example and being looked up to for my academic achievements and behaviour.

Sept 2015 to June 2016

Social Secretary of Brunel Sport Society

My position required assisting in our team's charity work throughout the year. I believe this role has helped me develop in particular my organisation and planning skills.

Interests

Football – Played football from under 12s to university where I currently play for the Football 2nd team, From the age of 17 I have been captain of my team, which helped me develop my leadership as an example to my team mates both on and off of the court.